



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>What are you going to do to celebrate our Earth?</p>	 <p>Earth Day April 22</p>	<p>Have an amazing Spring Break!!</p>		<p>Watch for our special Student Menus for the next three months!</p>
<p>8 Meatless Mondays</p> <p>Bean & Cheese Burritos Rice & Beans Caesar Salad Seasonal Fruit Milk</p>	<p>9 Hera's Feast (Olivia's Menu) Roast Chicken WW Bread w/ Mozzarella, Tomatoes, & Basil Greek Salad Oranges Milk 5:30 Parents' Club</p>	<p>10</p> <p>Quesadillas Posole (Chicken or Veggie) Seasonal Veggie Seasonal Fruit Milk</p> <p>Minimum Day</p>	<p>11</p> <p>BBQ Pork or Tofu Sandwiches Cole Slaw Seasonal Veggie Seasonal Fruit Milk</p>	<p>12 Zephyr's Menu Cheese Blintzes Tabbouleh Salad Apple Sauce Milk</p> <p>Contact the office: check on the balance of your student's lunch bill!</p>
<p>15 Meatless Mondays</p> <p>Broccoli & Cheese Quiche French Bread Seasonal Veggie Seasonal Fruit Milk</p>	<p>16 Ryder's Menu Beans, Cheese and Rice Casserole Coleslaw Kiwis (if available) Milk 4pm Board Meeting</p>	<p>17 Luke's Menu Meatloaf or Rice/Nut Loaf Brown Rice Garden Salad Apples Milk</p> <p>Minimum Day</p>	<p>18</p> <p>Bean & Cheese Pupusas Rice and Beans Cabbage Salad Fruit Salad Milk 4pm Site Council</p>	<p>19 Neli's Menu Noodles and Green Sauce with Turkey Meatballs Garden Salad Seasonal Fruit Milk</p>
<p>22 Meatless Mondays</p> <p>Black Bean Tostadas Ensalada de Repollo Homemade Salsa Seasonal Veggie Strawberries Milk</p>	<p>23 Ronan's Shakshouka Poached Eggs in Tomato Sauce Sourdough Bread Cucumber Salad Seasonal Fruit Milk</p>	<p>24 Musa's Menu Beef Wellington (Beef in a Puff Pastry) or Egg/Cheese Wellington Green Beans (if available) Garden Salad Seasonal Fruit Milk</p> <p>Minimum Day</p>	<p>25</p> <p>Hawaiian Turkey or Tofu Skewers Brown Rice Macaroni Salad Garden Salad Seasonal Fruit Milk</p>	<p>26 Andy's Pasteles Beef or Veggie Empanadas Yellow Rice Garden Salad Bananas Milk</p>
<p>29 Meatless Mondays</p> <p>Cheese Pizza w/ Red or Pesto Sauce Garden Salad Seasonal Veggie Seasonal Fruit Milk</p>	<p>30 Rumi's Menu Fesen Joon (Persian Chicken Stew) Garden Salad Apples Milk</p>	<p>April Wellness Challenge</p> <p>1) Stop and smell the flowers. 2) Create a new recipe using Spring vegetables.</p> 	<p>3) Jump into Spring or put Spring in your jump. Practice your jumping skills: jump rope, pogo stick, trampoline, you get the idea!</p> 	