

March Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
March Wellness	1) Eat something green	1	2	3
March Welliess	every day.	Bean & Cheese	Pulled Pork or	Bagels with Cream
		Burritos	Tofu Joe's	Cheese
	2) Hike to a place where	Grilled Corn	Homemade Buns	Hard Boiled Eggs
	you can see the sunrise or the sunset.	Caesar Salad	Cole Slaw	Veggie Sticks
	or the sunset.	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	3) Demonstrate an act of	Milk	Milk	Milk
Challenge	kindness every day.	Minimum Day		
6 Meatless Mondays	7	8	0	10
Bean & Cheese	Asian Chicken or	Fish or Tofu Tacos	Clam or Corn Chowder	
Pupusas	Veggie Salad	Caesar Salad	WW Rolls	Pollo (Rice & Chicken)
Rice and Beans	WW Noodles	Seasonal Veggie	Garden Salad	Seasonal Veggies
Garden Salad	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Fruit Salad	Milk	Milk	Milk	Milk
Milk	IVIIIK	12:45 Concert	IVIIIK	IVIIIK
		Minimum Day		Sunday is Daylight
Planting the PES Orchard!				Savings
13 Meatless Mondays	14	15	16 St. Patrick's Day	17
Veggie Fried Rice with	French Toast	Spaghetti with Marinara	Feast	
Eggs	Chicken Apple or	Sauce	Corned Beef and	No School for TK-6 th .
Sautéed Veggies	Veggie Sausages	Cheesy Bread	Cabbage	WHEN THERE IS A
Seasonal Fruit	Garden Salad	Seasonal Veggie	Mashed Potatoes	
Milk	Seasonal Fruit	Garden Salad	Soda Bread	
Parent Teacher	Milk	Seasonal Fruit Milk	Seasonal Veggie	TEACHERWORKDAY
Conferences All Week for	Parents' Club	IVIIIK	Seasonal Fruit	HAGHAN WUMN DAY
5-Day Students	Minimum Day	6:30 Preschool Open House	Milk	Duranka dia Onesa
Minimum Days		Minimum Day	Minimum Day 4pm Board Meeting	Preschool is Open.
20 Meatless Mondays	21	22	23	24
Grilled Cheese	Turkey or Veggie	Ollie's Papettes	Violy's Adobo	Carnitas or Bean
Tomato Soup	Pesto Wraps	(similar to meatballs)	Chicken or Tofu	Tacos
Garden Salad	Sweet Potato Fries	Meat or veggie	Rice	Beans and Rice
Seasonal Fruit	Garden Salad	Pesto Pasta	Veggie Stir-fry	Fresh Salsa
Milk	Seasonal Fruit	Garden Salad	Seasonal Fruit	Garden Salad
IVIIIK	Milk	Seasonal Fruit	Milk	Seasonal Fruit
	IVIIIK	Milk		Milk
				IVIIIK
27 Meatless Mondays	28	Minimum Day 29	30	31
Scrambled Eggs	Michelle's Birthday!		Roasted Chicken or	Posole
WW Pancakes	Cheese Pizza w/ Red	Turkey or Veggie	Tofu	Quesadillas
Potatoes	or Pesto Sauce	Burgers	Pesto Pasta	Black Beans
Seasonal Veggie	Garden Salad with	Homemade Buns	Seasonal Veggie	
Seasonal Fruit		Garden Salad	Seasonal Fruit	Seasonal Veggie Seasonal Fruit
Milk	French Vinaigrette	Seasonal Fruit	Milk	
Site Council 4pm	Seasonal Veggie	Milk	School Play 1:30-3:30	Milk
	Seasonal Fruit		and 6:30-8:30	Next Week is Spring Break!! Have fun and we will see
	Milk	School Play 6:30-8:30	una 0.50 0.50	you on the 10 th .
		Minimum Day		

Pacific School is an equal opportunity provider.